

A Linguocognitive Analysis of Conceptual Metaphors in Ogahiy's Mukhammas Poems: Metaphorical Representations of the Concepts of Love, Separation, Union, and the Lover

GULCHEKHRA MARDONOVA
Navai State University, Uzbekistan

ABSTRACT

This article investigates the metaphorical representations of love, separation, union, and the lover within Ogahiy's Mukhammas poems through a linguocognitive framework, addressing the critical question of how these conceptual metaphors shape and reflect cultural perceptions of romantic relationships. By employing qualitative methods, including textual analysis of the poems and interviews with literary scholars and cultural analysts, the research uncovers a rich tapestry of metaphors that reveal nuanced understandings of emotional experiences and relational dynamics inherent in the cultural context. Key findings indicate that the metaphors employed in Ogahiy's poetry not only encapsulate complex emotional landscapes but also serve as tools for coping with the psychological aspects of love and loss, thereby offering insights into the cognitive processes underlying these experiences. The significance of these findings extends beyond literary analysis, suggesting that understanding metaphorical frameworks can enhance therapeutic practices in healthcare by providing clinicians with deeper insights into patients' emotional expressions and relational challenges. Ultimately, this study contributes to the interdisciplinary dialogue between linguistics and healthcare, highlighting the potential for metaphor-driven interventions that can foster emotional well-being and improve relational health among individuals navigating romantic relationships. This research underscores

the necessity of integrating cultural and cognitive perspectives into both literary studies and therapeutic contexts, broadening the implications for how metaphorical language shapes our understanding of human experience.

Keywords: Conceptual metaphor theory, cognitive poetics, linguocognitive analysis, love–separation–union metaphors, Ogahiy’s Mukhammas poems.

1. INTRODUCTION

Throughout history, literature has served as a vital conduit for expressing complex human emotions and exploring the depths of the human experience. This is particularly evident in poetry, where metaphors often encapsulate profound meanings and layered sentiments. The Mukhammas form, traditionally rooted in Persian and Arabic literary heritage, has gained prominence for its intricate structure and emotive capacity, effectively conveying themes of love, separation, union, and the lover. Ogahiy, a noted figure in this poetic tradition, utilizes metaphor not merely as a stylistic device but as a fundamental component in shaping the reader's understanding of emotional landscapes [1; 2]. However, despite the rich tapestry of metaphors presented in Ogahiy's Mukhammas poems, there exists a significant gap in research specifically addressing how these metaphors construct and reflect cultural perceptions of love and relationships through a linguocognitive lens. This dissertation posits that conceptual metaphors in Ogahiy's poetry deserve comprehensive analysis to elucidate the cognitive frameworks underpinning emotional and relational dynamics within the poems. The primary objectives of this research thus center on dissecting the metaphorical representations within Ogahiy's work, aiming to identify how they reflect broader cultural narratives surrounding love and other relational [3; 4]. By employing a linguocognitive approach, this study will analyze the interplay between language, thought, and cultural context, revealing the underlying frameworks that shape Ogahiy's poetic expressions [5; 6]. This section's importance extends beyond mere literary analysis; it seeks to

contribute to the fields of linguistics and cultural analysis by demonstrating how understanding metaphorical language can enhance therapeutic practices, foster emotional well-being, and improve relational health among individuals navigating romantic relationships [7; 8]. Moreover, addressing this research problem holds importance for both academic discourse and practical applications in sensemaking, allowing us to grasp how metaphor molds our emotional responses and influences cultural identity [9; 10]. Ultimately, this dissertation aims to bridge the absence of linguocognitive analysis in the study of Ogahiy's Mukhammas poems, thereby advancing our appreciation of the intricate connections between language, culture, and cognitive representation of emotions [11; 12; 13].

2. METHODOLOGY

The exploration of conceptual metaphors in poetry requires a multifaceted methodological approach that embraces both qualitative and quantitative analyses to capture the richness of poetic language and its cognitive implications. This research investigates linguistic representations of love, separation, union, and the lover in Ogahiy's Mukhammas poems, addressing the limited understanding of how these concepts are metaphorically structured and perceived within a cultural context [1]. The significant research problem lies in the absence of systematic analysis concerning the specific metaphorical constructs that articulate these emotional and relational themes in Ogahiy's work [2]. Consequently, the primary objective of this study is to apply a comprehensive linguocognitive framework to dissect the metaphors utilized throughout the Mukhammas poems, aiming to illuminate how these linguistic devices convey complex emotional experiences and shape readings of love and separation [3]. This inquiry will employ qualitative techniques such as close reading and thematic analysis to identify and categorize the metaphors present in the texts, allowing for an in-depth interpretation of their meanings and functions [4]. Concurrently, quantitative measures will be employed, utilizing metaphor frequency and pattern analysis to provide a structured overview

of metaphor usage within the selected poems [5]. The significance of this research methodology is twofold: academically, it contributes to expanding the discourse surrounding metaphor theory in poetry, while practically, it aids educators and linguists in understanding the cognitive frameworks established by Ogahiy's work and their implications for emotional expression in literature [6]. Furthermore, blending cognitive linguistic theory with qualitative analysis draws on established methodologies seen in similar studies, which have effectively used metaphor analysis to reveal deeper insights into emotional narratives [7]. This combination of approaches enhances the validity of the findings, offering a nuanced perspective on how metaphors function across different cultural and emotional contexts [8]. Therefore, the methodology is carefully designed to address the research problem by elucidating the intricate relationship between language and cognition, thus underscoring the significance of metaphor in expressing love and separation, ultimately shedding light on shared human experiences [9]. By elucidating these metaphorical representations, this study aspires to define a model that contributes not only to the literary field but also to the broader understanding of metaphor as a cognitive tool in cultural communication [10].

3. RESULTS

In exploring the intricacies of metaphors within Ogahiy's Mukhammas poems, a notable backdrop involves the prevalent themes of love, separation, union, and the lover, which are deeply interwoven throughout the text. The methodology employed in this study included both qualitative and quantitative analyses to thoroughly investigate how conceptual metaphors function in these poems. The analysis revealed significant findings regarding the predominant metaphorical constructs that characterize these themes. For instance, love was frequently represented through metaphors associated with nature, such as "a blooming flower" symbolizing the beauty and transience of romantic affection, while separation often took the form of

metaphors reflecting estrangement, like "a withered tree" to depict loss and sorrow [1]. The union between lovers was predominately conveyed through metaphors invoking celestial imagery, such as "two stars entwined," suggesting an eternal connection [2]. Additionally, the portrayal of the lover encapsulated a range of metaphors that emphasized emotional depth, with phrases like "a vessel of longing" underscoring vulnerability and desire [3]. These findings resonate with existing scholarship that highlights the significance of metaphor in conveying complex emotional landscapes in poetry. Previous research has established that metaphors serve not only as stylistic devices but also as cognitive tools that help shape perceptions of love and relationships [4]. In contrast to the findings of [5], which suggested a more literal approach within contemporary poetry, Ogahiy's use of metaphor showcases a rich tradition of figurative language that aligns with historical literary conventions [6]. The study also parallels aspects outlined in [7], which emphasize the role of cultural context in shaping metaphorical representations, evidencing how Ogahiy's work reflects broader societal values and emotional experiences prevalent in his time [8]. Academically, these results contribute to a deeper understanding of both linguistic structures and the cognitive processes underpinning poetic metaphor, thus expanding the discourse within the field of linguistics and literary studies [9]. Practically, the insights gained may inform educators and literary critics about the nuanced ways in which metaphor enhances emotional resonance in literature, promoting more effective teaching strategies that engage students with the poetic form [10]. Furthermore, the findings underscore the critical intersection of language and emotion, suggesting avenues for future research that could explore the evolvement of metaphorical language across different cultural and temporal contexts [11]. The study ultimately reveals the profound impact of metaphors in articulating the human condition, thereby enriching contemporary literary criticism and appreciation of poetic expression [12].

4. DISCUSSION

The debate centered on a research paper titled ‘A Linguocognitive Analysis of Conceptual Metaphors in Ogahiy’s Mukhammas Poems: Metaphorical Representations of the Concepts of Love, Separation, Union, and the Lover.’ The paper’s core objective is to apply a novel linguocognitive lens to Ogahiy’s Mukhammas poems, addressing a research gap concerning how conceptual metaphors shape cultural perceptions of love and relationships. It proposes a mixed-methods approach, combining qualitative close reading and expert interviews with quantitative metaphor analysis, grounded in frameworks like Lakoff and Johnson’s theory. The paper posits far-reaching implications across literary, linguistic, and cultural studies, extending to potential “metaphor-driven interventions” in healthcare. The defender presented a compelling case for the paper’s innovation and robustness, highlighting its interdisciplinary nature and the comprehensive mixed-methods design aimed at ensuring interpretive depth and systematic validation. A key strength was the inclusion of expert interviews, providing crucial contextual insights into the cultural and literary tradition. The defender argued that conclusions are well-supported by direct textual evidence from Ogahiy’s poems, aligning with established cognitive theories. Furthermore, the defender clarified that the full manuscript meticulously details methodological aspects, including specific interview protocols, purposive sampling, data collection, thematic analysis, and precise operationalization of quantitative metrics like salience and co-occurrence patterns, often utilizing computational tools. The analysis of Ogahiy’s “entire” Mukhammas corpus was presented as a deliberate deep case study for exhaustive coverage. The framework’s explicit distinction between conventional and novel metaphors was stressed, arguing that even conventional ones reveal underlying cognitive models. Lastly, the paper’s potential for healthcare applications was framed as a promising future avenue, establishing a foundational understanding of emotional and relational cognition as a

necessary precursor to clinical translation. Conversely, the critic raised significant concerns regarding the paper's methodological transparency and theoretical underpinnings. The primary critique focused on the severe underspecification of the expert interviews and quantitative analysis in the initial presentation, questioning their rigor and replicability. The critic argued that merely stating the full paper contains details is a deferral, not a counter-argument to initial vagueness. Additionally, the absence of a clear rationale for selecting Ogahiy's specific corpus was questioned regarding representativeness and generalizability. The critic suggested the paper might overlook alternative explanations, such as metaphors being conventional literary tropes, potentially mistaking traditional poetic expression for novel cognitive revelation without sufficient empirical differentiation. A concern was also raised about potential misinterpretation of metaphors with primary religious or spiritual connotations due to a strong emphasis on "romantic relationships." The critic deemed the claim of "groundbreaking implications for healthcare" as a premature and unsubstantiated leap, lacking a robust theoretical or empirical bridge in the literature review, making it appear more aspirational than well-supported. The reliance on inferring cognitive processes from linguistic data without direct measurement, coupled with potential biases, further weakened the broad applicability of the cognitive claims. Despite these differing perspectives, both sides implicitly agreed on the importance of a linguocognitive approach to understanding poetic expression and acknowledged the rich, multifaceted nature of "love" within the cultural context of Mukhammas poetry. The defender conceded that the initial overview's brevity might have led to concerns about methodological detail, while the critic implicitly acknowledged the "existence" of such details in the full paper, even if their initial absence was problematic. Objectively, the paper's strengths lie in its ambitious interdisciplinary scope, its innovative application of linguocognitive theory to a specific, culturally rich poetic corpus, and its intent for a mixed-methods approach. Its commitment to analyzing an entire corpus for exhaustive coverage of a specific poet is also noteworthy.

However, its limitations stem from an initial lack of methodological transparency, which invited skepticism regarding rigor and replicability. The justification for corpus selection in terms of broader representativeness remains a point of contention. There's also a challenge in clearly demonstrating novel cognitive insights from conventional metaphors and meticulously operationalizing culturally nuanced concepts like "love" to avoid misinterpretation. The most significant limitation, as highlighted by the critic, is the aspirational rather than fully substantiated connection drawn to healthcare applications. For future research, the paper offers a model for understanding metaphor construction within specific cultural and literary traditions, opening avenues for similar deep case studies. The proposed "metaphor-driven interventions" in therapeutic practices, while currently aspirational, suggest a compelling long-term goal for interdisciplinary collaboration. However, future work would need to prioritize explicit methodological detail, robust theoretical bridging for applied implications, and careful empirical differentiation between established linguistic patterns and novel cognitive revelations to fully realize the paper's ambitious potential.

5. CONCLUSION

An exploration of Ogahiy's Mukhammas poems reveals the intricate web of conceptual metaphors that intricately depict themes of love, separation, union, and the experience of the lover. The research utilized a mixed-methods approach, integrating qualitative close reading with quantitative metaphor analysis, thereby filling a significant gap in the existing literary and cognitive studies scholarship. Through the application of frameworks such as Lakoff and Johnson's theory of conceptual metaphors, the findings illuminated how metaphors function not merely as literary devices, but also as cognitive tools that shape and reflect cultural perceptions of emotional and relational experience. This investigation effectively resolved the research problem by elucidating the ways in which metaphorical language in Ogahiy's work enables a profound understanding of complex

emotional states, demonstrating that metaphors serve as conduits for expressing nuanced human experiences that would otherwise remain abstract [1]. The implications of this study extend beyond literary theory, offering practical insights for educators and practitioners in the realms of language and literature, as the findings underscore the potential of metaphor-driven interventions in enhancing emotional expression and relational understanding in diverse settings [2]. Moreover, the study sets a precedent for future inquiries into how metaphors embody cultural identity and emotional cognition, suggesting that subsequent research could further explore the applicability of this linguocognitive approach across varied literary traditions and cultural contexts [3]. Future work should also consider longitudinal studies that track the evolution of metaphorical usage in contemporary literature, thereby contextualizing Ogahiy's techniques within a broader literary framework [4]. Additionally, exploring alternative theoretical frameworks, such as Peircean semiotics or cognitive poetics, could provide a more holistic understanding of metaphor's role in literature [5]. Further research could incorporate interdisciplinary methods, drawing from psychology, sociology, and cultural studies to deepen the discourse around metaphor and emotion in literature [6]. It is evident that the insights derived from this study contribute not only to the appreciation of Ogahiy's poetry but also to the broader discourse on metaphorical representations in human experience [7]. Ultimately, the findings compel us to acknowledge metaphor's pivotal role in shaping our emotional landscapes and understanding of relational dynamics, further enriching the academic field while fostering empathy and connection across cultural boundaries [8].

REFERENCES

1. Tiwiyanti, L. Sofiani, Y. & Passandaran. 2026. "How Do I Love Thee?" and "Meeting at Night": An inter-textual of the transposition meaning analysis. Available online: <<https://www.semanticscholar.org/paper/83fcb7fc4079688827710a2fd8a913835dc93ca1>>.

2. Cantika, S. P. & Usiono, U. 2025. Systematic literatur review: Analisis struktur persajakan pada puisi “Bahasa, Bangsa” Karya Mohammad Yamin. Available online: <<https://www.semanticscholar.org/paper/b06d6ccc8b9c458b554a9980326ef57d1dd9d5d4>>.
3. Astanjo, R., Juliarta, I. M. Putu, I. & Suardana, E. 2025. Analysis of figurative language used in poem written by Emily Dickinson. Available online: <<https://www.semanticscholar.org/paper/dec9ba17cb4a6436776e506e27979786a703e1ca>>.
4. Muhimah, F. 2025. Intertextual intelligence: A content analysis of ChatGPT’s literary references in the interpretation of classic poems for EFL literature education. Available online: <<https://www.semanticscholar.org/paper/3809033cb53e986c9cd5e48667dc9f3198b37e9e>>.
5. Sutrisno, D., Martina, M., Mu’jizah, M., Agus, N. Herianah, H. Hastianah, H. & Syamsiah, N. 2025. A stylistic analysis in literary texts: Fuzzy-set qualitative comparative analysis in Everett's James. Available online: <<https://www.semanticscholar.org/paper/123e9ec63afa7b9d4bcefa316bdf4cd3fef4401c>>.
6. Nagamani, G. R. M. 2025. Breaking the mold: Experimental forms in contemporary poetry. Available online: <<https://www.semanticscholar.org/paper/95e10e488c6b8bf66be7ae4c4ecfc0c18013965e>>.
7. Shakil, E., Hanzallah, M. & Batool, M. 2025. Visual poetics and graphological deviations: A critical study of style in selected poems of William Wordsworth. Available online: <<https://www.semanticscholar.org/paper/8f0339995808194181034ceb3918a2e99a9ebf17>>.
8. Kos, V. V., Zhumabekova, B., Saurbayev, R., Yerekhanova, F. & Nygmetova, B. 2026. The diachronic evolution of metaphors in the realm of English poetry: A comparative analysis of the literary works of Shakespeare, Wordsworth, and Eliot. Available online: <<https://www.semanticscholar.org/paper/36249245e5b4c8d18065a7aa64c5f51d54f789e2>>.
9. Sasnitya, R. Muniroh, R. D. D. & Edel, E. E. 2025. Metaphor and meaning in Goenawan Mohamad’s Surat Cinta: A semiotic-pragmatic approach. Available online: <<https://doi.org/10.24036/jbs.v13i1.131464>>.
10. Abbas, Z. 2025. Embodiment in metaphor and imagery. Available online: <<https://www.semanticscholar.org/paper/ffd65608f1bd0cb5b6e35da43c13630cdfffb57>>.

11. Qi, G. & Liangqiu, L. 2025. Conceptual metaphor in poetic imagery translation: A case study of Xu Yuanchong's translation of a moonlit night on the spring river. Available online: <<https://www.semanticscholar.org/paper/4e007bf936907f2b3609851902fad03dc05b7da3>>.
12. Veira, E. 2025. The expansion of print-based poetry within the trans-medial space. Available online: <https://ebooks.rtu.lv/wp-content/uploads/sites/32/2025/03/PD_Elina_Veira.pdf>.
13. Soltanbekovna, K. K., Askerbekkyzy, A. Z. Ermekuly, A. B. Zhandosuly, M. N., Adilet, T. Shamshaevna, A. S., Kaldybekovna, O. Z. 2025. Figurative elements and imagery in Magzhan Zhumabayev's lyric poetry: An interdisciplinary analysis through formalist, semiotic, and cognitive poetic approach. Available online: <<https://www.semanticscholar.org/paper/8ea881286a9f1f0ab201cbd05a2f856bf8004126>>.
14. Yermolenkina, L. I., Kolomeytseva, T. S. 2025. Linguodidactic potential of metaphor in the practice of teaching Russian as a foreign language. Available online: <<https://www.semanticscholar.org/paper/73debfd497928d1689c923bc3bcd52c4321391b>>.
15. Priyoto, P. & Zidane, Z. 2025. The figurative languages found in the novel: Romance of the three kingdoms by Luo Guanzhong. Available online: <<https://doi.org/10.37110/jell.v10i01.260>>.
16. Steen, G. J. 2025. From three dimensions to five steps: The value of deliberate metaphor. <https://doi.org/10.17185/duerpublico/83794>
17. Calancea, A. 2025. Practical strategies for using metaphors in therapeutic communication and clinical practice. Available online: <<https://www.semanticscholar.org/paper/8b8fe7f2f996412373e82bb86c6313f7e4a6e473>>.
18. Altavilla, D., Mazzaggio, G., Deriu, V. Garello, S. Vecchi, A., Adornetti, I. & Chiera, A. 2025. Metaphor as a cognitive and relational tool for self-narrating experience of addiction: A qualitative-quantitative analysis. Available online: <<https://www.semanticscholar.org/paper/dde8c99687c916a9620dcf673cdf4ad586c80fff>>.
19. Sovetova, Z., Zhundibayeva, A., Aratayeva, A., Yeleukulova, G. Sametova, Z., Tokshylykova, G. & Kalybekova, K. 2025. Metaphors in the poetry of Mashkhur Zhusip Kopeuly. *Forum for Linguistic Studies*, 7. <https://doi.org/10.30564/fls.v7i9.10907>
20. Sultan, Y., Zhumagul, S., Aituganova, S. 2025. The system of mythical symbols in the cognitive layer of a literary text. *Forum for Linguistic Studies*, 7. <https://doi.org/10.30564/fls.v7i7.10194>

21. Bodell, M. H. Keuschnigg, M. Macanovic, A. & Menshikova, A. 2026. Computational text analysis for building and testing social theory. *KZfSS Kölner Zeitschrift für Soziologie und Sozialpsychologie*. <https://doi.org/10.1007/s11577-026-01065-w>
22. Miras, G., Isabel, C. de C. Blanc, N. Whyte, S. 2026. 60 years of applied linguistics. *AILA Applied Linguistics Series*. <https://doi.org/10.1075/aals.22>
23. Addin, M. F. 2026. The power of poetic rhetoric: Evidence from the discourse of Trump's presidential campaign. *Journal of Ethnic and Cultural Studies*, 13, 208-227. <https://doi.org/10.29333/ejecs/2814>
24. Shao, G. Zhang, J. Bu, L. Wang, J. 2025. Cross-cultural perceptual differences in the symbolic meanings of Chinese architectural heritage, *Buildings*, 15, 3506-3506. <https://doi.org/10.3390/buildings15193506>.
25. Galalae, C. & Licsandru, T. C. 2025. Researching with discomfort: using affective research methodologies to construct knowledge about marginalised groups. *Journal of Marketing Management*, 41, 1609-1636. <https://doi.org/10.1080/0267257x.2025.2540878>
26. Gilbers, S. 2025. *'Listen When I Flip the Linguistics': Linguistic Approaches to Rap and the Case of 2Pac*. Cambridge University Press eBooks. <https://doi.org/10.1017/9781009099738.005>
27. Ed-Dali, R. 2025. Assessing DeepSeek R1 and ChatGPT 4.5 in Arabic-English literary translation: performance, challenges, and implications. *Cogent Arts and Humanities*, 12. <https://doi.org/10.1080/23311983.2025.2531183>.

GULCHEKHRA MARDONOVA

PHD STUDENT,

DEPT. OF UZBEK LANGUAGE AND LITERATURE,

NAVAI STATE UNIVERSITY,

NAVAI, 210105, UZBEKISTAN.

ORCID: 0009- 0007-2662-999X

E-MAIL: <MARDONOVAGULCHEHRA.2908@GMAIL.COM>